

**Learn how you can EARN \$\$ for the phys. ed/athletic department at your students' school!
East, West, Beck, Carusi & Rosa
Visit www.chhrc.com/teenfitness**

Cherry Hill
Education Foundation



In cooperation with CHEF



**Work Out
FOR FREE
This Summer!**

Get up, get out and do something!

This summer, peel yourself off the couch and step into fitness with the Teen Fitness Connection!

**2-Month FREE Teen
Fitness Membership***

*\$10 enrollment fee per family

June 30 - August 31

Free to Teens ages 12 - 17

Teen membership includes access to club during the following hours:

**Monday thru Friday 5:15 am - 4:30 pm
Saturday & Sunday 7:00 am - 5:00 pm**

Teens are provided daily 2 hour maximum access to fitness center, including Group Fitness classes listed. Teens must have a parent/guardian present at time of registration. Photo ID required.

**Go to <http://www.chhrc.com/teenfitness>
to pre-register**

Call John Piacentino 856-429-1388 x138 for more information.

For times, locations, and
EVEN MORE group
exercise classes visit
www.chhrc.com

Monday

Insanity, Yoga,
GROOVE, T'ai Chi

Tuesday

Ballet Barre, Pilates Mat,
CENTERGY, ACTIVE, Yoga

Wednesday

CORE, BRYCKED UP,
Stretch Yoga, Zumba, Qi Gong

Thursday

CENTERGY, Pilates Mat,
ACTIVE, Yoga

Friday

CORE, BRYCKED UP,
Stretch Yoga, GYROKINESIS

Saturday

Zumba, Yoga

Sunday

CORE, Yin Yoga, KICK, Cardio
Fusion, Yoga



Your **family** Health Club
Since 1971

*Registrants in the Teen Fitness Connection should respect our existing members and staff. Inappropriate behavior of any kind is prohibited. This membership may be removed at any time by a club representative. Other terms and conditions apply, see club for details. Some restrictions may apply.

1820 Old Cuthbert Rd
www.chhrc.com

Cherry Hill, NJ
856-429-1388

